



Veteran Men 40/44 Club Records

Event	Time/Dist.	Name	Venue	Date
60m	7.19s	K.Burgess	Birmingham	27/02/1999
75m	9.1s	K.Burgess	Gt.Yarmouth	06/04/2000
100m	11.1s	K.Burgess	Bedford	29/07/2000
150m	17.1s	K.Burgess	Kings Lynn	02/04/2000
200m	22.96s	K.Burgess	Gateshead	03/08/1999
300m	39.6s	R.Wharton	Gt.Yarmouth	08/04/2000
400m	54.2s	R.Wharton	Ware	06/06/1999
600m	1:33.8s	R.Wharton	Kings Lynn	22/03/1998
800m	2:10.1s	R.Wharton	Reading	04/10/1998
1500m	4:52.3s	R.Wharton	Colchester	16/05/1998
3000m	10:51.5s	D.Norman	Diss	25/06/1989
5000m	18:07.4s	D.Gathercole	Gt.Yarmouth	17/05/1997
110mH	19.1s	J.Barwick	Norwich	04/06/1997
200mH	29.3ss	J.Barwick	Gt.Yarmouth	03/08/1997
300mH	46.3s	J.Barwick	Peterborough	06/04/1997
400mH	65.0s	R.Wharton	McMillan Stadium	07/07/2001
3000mSC	12:00.0s	D.Gathercole	Gt.Yarmouth	17/05/1997
Shot	11.84m	M.Carr	Norwich	28/4/96
Discus	32.66m	M.Carr	Braintree	30/06/1996
Hammer	32.44m	M.Carr	Gt.Yarmouth	13/06/1999
Javelin	40.20m	R.Wharton	Kings Lynn	08/06/1997
L.Jump	5.17m	R.Wharton	Gt.Yarmouth	16/07/2000 00:00
H.Jump	1.50m	R.Wharton	Ipswich	30/07/2000 00:00
T.Jump	10.35m	M.Hodgson	Peterborough	06/06/2001
P.Vault	2.30m	J.Barwick	Kings Lynn	07/06/2000
4x100m	48.2s	Carr/Wharton/Barwick/Burgess	Gt.Yarmouth	10/05/1998
4x400m	4:06.9s	Carr/Wharton/Barwick/Burgess	Gt.Yarmouth	10/05/1998
400/200/200/400	2:46.0s	Wharton/Carr/Barwick/Burgess	Norwich	08/06/1998
200/200/400/800	4:12.7s	Wharton/Muir/Carr/Barwick	Peterborough	03/06/1998
1 mile walk	11:22.8s	J.Muir	Norwich	04/06/1997

2km walk

13:25.5s

J.Muir

Bedford

04/10/1997