



U15 Girls Club Records

Event	Time/Dist.	Name	Venue	Date
60m	8.3s	K.Earl	Gt Yarmouh	13/04/17
previously	9.1s	D.Jones	Norwich	24/03/90
75m	10.1s	L.McGuire	Gt.Yarmouth	05/04/01
100m	12.6s	E.Shipp	Gt.Yarmouth	28/05/95
150m	19.9s	L.McGuire	Gt.Yarmouth	06/04/00
200m	26.3s	L.Peach	Ipswich	04/07/10
300m	43.5s	P.Baker	Bury St Ed	23/09/12
600m	01:44.1	F.Harrison	Gt.Yarmouth	05/04/01
800m	02:19.3	J.Howarth	Luton	1981
1000m	03:21.3	E.Leeves	Gt.Yarmouth	06/04/00
1500m	04:40.9	J.Howarth	C.Palace	1981
3000m	10:50.5	C Lee	Gt Yarmouh	22/7/10
Mile	05:42.0	C Lee	Gt Yarmouth	15.4.10
75mH	11.00sw	L.McGuire	Exeter	06/07/01
80mH	13.7s	T.Pickering	Leicester	1981
Shot	12.63m	M.Nascimento	Peterborough	17/04/88
Shot 3kg	9.75m	A.Wakeley	Hendon	06/07/14
Discus	29.08m	M.Nascimento	Gt.Yarmouth	07/04/88
Javelin	36.28m	M.Nascimento	Peterborough	17/04/88
Hammer	26.54m	A. Dowsett	Bury St Ed	15/09/13
L.Jump	5.55m	L.McGuire	Gt.Yarmouth	05/08/01
T. Jump	9.35m	A.Dowsett	Cambridge	29/06/13
H.Jump	1.65m	S.Watts	Norwich	1981
		N. Rimmer	Gt. Yarmouth	25/5/13
4x100m	51.9s	McGuire/Horn/Wharton/Shipp	Gt.Yarmouth	18/06/00

Pentathlon	2585pts.	A.Dowsett	Peterborough	29/09/13
Hexathlon	2682pts	A.Dowsett	Stoke	04/08/13

v1.1 updated 20/05/2017