



Junior Women (U20) Club Records

Event	Time/Dist.	Name	Venue	Date
60m	8.7s	A.Dowsett	Gt Yarmouth	13/04/2017
75m	10.0s	G.Easter	Gt.Yarmouth	03/03/1993
150m	19.9s	G.Easter	Gt.Yarmouth	16/03/1994
200m	26.0s	P.Davies	Bury St Edmunds	18/09/2011
300m	44.8s	P.Baker	Gt Yarmouth	14/04/2016
400m	57.97s	P.Davies	Chelmsford	11/09/2010
600m	01:45.7s	H.Andrews	Gt.Yarmouth	01/04/2008
800m	02:27.4s	P.Baker	Exeter	15/03/2017
1500m	06:17.8s	L.Oram	Ipswich	13/05/2017
1500m St/Ch	06:49.94s	A.Dowsett	Hendon	27/07/2014
Mile	06:29.8s	L.Oram	Gt Yarmouth	13/04/2017
3000m	11:03.9s	C.Lee	Gt Yarmouth	15/05/2014
100mH	17.4s	A.Dowsett	Gt Yarmouth	11/06/2017
Shot	16.23m	S.McKinna	Eton	30/06/2012
Discus (1kg)	28.74m	E.Anderson	Hendon	03/08/2014
Javelin (600g)	23.19m	E.Wakeley	Gt Yarmouth	11/06/2017
Hammer (4kg)	31.04m	L.Marshall	Gt Yarmouth	23/06/2013
Long Jump	4.86m	A.Dowsett	Norwich	14/05/2016
Triple Jump	9.22m	A.Dowsett	Bromley	01/06/2014
High Jump	1.47m	A.Dowsett	Peterborough	24/09/2017
Pentathlon	2586pts	A.Dowsett	Peterborough	24/09/2017

v1.4 updated 02/10/2017